

We provide guidance and care
for children and youth
experiencing difficult life situations.

Move On – The Facility

‘Move On’ is a facility for children and youth in crisis needing a break from their daily lives, seeking additional guidance and support. Since 2002, ‘Move On’ has taken in and worked with youth in various situations, such as teenagers who were making their first work experiences, were in apprenticeships, in orientation or even crisis situations. In 2007, we decided to start up a professional service for the care for and guidance of children and youth. During the same year, we entered into a partnership with a federal institution in Switzerland and began providing professional guidance and care for youth. Our first client stayed for four months.

‘Move On’ is operated by Charly Scharlock and Lisa Zbinden Scharlock, social workers who have both worked extensively with children, youth and adults for decades in Switzerland and Germany.

Charly Scharlock, born 1949, is a graduate social worker as well as a mechanical engineer and specialist for loading and unloading vessels. Lisa Zbinden Scharlock, born 1962, is a facility manager and a professional artist (www.lisazbinden.net). They also owned, operated and managed a small resort (50 beds) in British Columbia for 8 years.

Both Charly Scharlock and Lisa Zbinden Scharlock have Swiss and Canadian citizenships and are fluent in German and English. They are not part of any political or religious organization.

The Location

Our small 2.5 acre farm is situated 6 kilometers outside of Keremeos, British Columbia in the beautiful Similkameen Valley, 45 kilometers to either Penticton or Osoyoos. We have two horses, two dogs, three cats, bees, pasture, a tack shed and grazing area, as well as an organic garden.

Almost 50% of the fruit and vegetables grown in this valley are *certified organic*.

We process and preserve the produce from our garden – an accomplishment that can instill a great deal of pride in someone who is struggling with their own sense of purpose. The daily routine in the summer and fall is largely made up of the jobs that revolve around the animals, gardening and processing the preserves.

The Daily Schedule

Charly Scharlock and Lisa Zbinden Scharlock will establish the daily routine based on day-to-day needs of the operation, as well as the personal needs and goals of the participant in their care. At the beginning of a stay with ‘Move On’, a daily schedule is agreed upon. This will form the basis of a contractual agreement and will be adjusted as the needs of the participant change with experience and development. The daily schedule is an important document and determines the basic structure of the stay.

The duties and what you can learn while staying at ‘Move On’:

The following is a list of duties on the farm:

- General chores in the private household, including (but not limited to) laundry, cooking, cleaning, and processing of fruit and vegetables
- Caring for the animals, including (but not limited to) feeding, cleaning stalls, grooming, exercising
- Gardening, from seeding to harvesting
- Caring for the pasture, fence repairs
- Repairs and maintenance of buildings
- Other general duties, which will develop a sense of responsibility and foster independence

Other things you can learn while staying at 'Move On':

- respect towards humans, animals and nature
- realization and understanding of cause and effect of one's own actions or non-actions
- basic social skills (basic manners, how to express oneself appropriately, how to be attentive, how to listen to others, etc.)
- gain a sense of understanding and comfort in your role as a child or teenager in society

Schooling

Educational guidance is part of the contract and is regulated individually with the participant. Children and youth of school age may be able to work on their schooling online. A computer with high-speed Internet is available. There is also the possibility of additional private instruction, in English or other subjects.

Spare Time

'Move On' is situated among several lakes, rivers and mountains, allowing for endless recreational opportunities. Charly Scharlock and Lisa Zbinden Scharlock encourage nature-based activities such as fishing, hiking, climbing, cycling, rafting, canoeing, kayaking, and horseback riding, and will provide everything needed to enjoy these activities including a canoe, mountain bikes, and horses.

The Guidance

The foundation of Charly Scharlock and Lisa Zbinden Scharlock's teaching is based on daily life in the backcountry, which encourages a strong relationship with

nature and animals. For many people who have lost meaning in their lives and who are out of touch with nature, a re-connection can make their lives meaningful once more. This nature experience could potentially translate into their future as lasting behavioural changes. When working with animals, they will become involved in unconditional relationships with the animals, where they will establish bonds based on trust, and will also feel and develop a very strong sense of responsibility. Through this closeness with nature, one can reflect completely on oneself. This can bring out many different feelings, reactions and sometimes crises in each individual. We are convinced that the surroundings at 'Move On' are exactly what is needed to reveal certain emotional and mental "blockages". By getting past these "blockages", one may discover new viewpoints and approaches, which may represent the youth's "original" authentic personality.

During the regular day-to-day work and activities, Charly Scharlock and Lisa Zbinden Scharlock provide ongoing guidance, sharing their knowledge about the hands-on duties, as well as providing conflict resolution skills and teaching behaviour management. Once the initial contract is created, outlining the goals and objectives of the youth, it is imperative that Charly Scharlock and Lisa Zbinden Scharlock will maintain close contact with the person in charge (parents, legal guardian), and will provide ongoing open communication to keep the process and progress of the stay transparent.

Contact with the Outside World

At 'Move On', we try to minimize contact with the outside world in order to focus on the day-today activities as much as possible without outside distractions. Only contact with persons to whom the child or youth relates most closely and who are agreed upon before admittance into the program are allowed.

Accommodation

There is a furnished single room with bathroom available.

Financial Information

Please inquire.

Admittance

Admittance is possible any time as long as there is space available.

References

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